

Department of Psychiatry
Hind Institute of Medical Sciences
Safedabad Barabanki

Ref.No. HIMS/PSY/2026-27/81

DATE: 30/06/2026

Theory Lecture July & August
MBBS Batch (2022-2023)

S. No	Competency No.	Topic	Date	Faculty	Integration By
1.	PS12	Psychosomatic Disorders- Factitious/Malingering and others.	04/07/2026	Dr. Astha Singh	-
2.	PS 13.1	Psychosexual and Gender identity Disorders: Magnitude etiology	11/07/2026	Dr. Saurabh Upadhyay	-
3.	PS 13.2 to 13.3	Psychosexual and Gender identity Disorders: Clinical Features and Investigation	18/07/2026	Prof. (Dr.) Haseeb Khan	-
4.	PS 13.4 to 13.7	Psychosexual and Gender identity Disorders: Pharmacological, Psychosocial & Behavioral Management	25/07/2026	Dr. Astha Singh	Pharmacological
5.	PS 14.1	Childhood Psychiatric Disorders- ADHD	01/08/2026	Dr. Saurabh Upadhyay	Pediatrics
6.	PS 14.2	Childhood Psychiatric Disorders- ODD, Conduct Disorder, Learning Disorders.	08/08/2026	Prof. (Dr.) Haseeb Khan	Pediatrics
7.	PS 15.1 to 15.2	Mental Retardation- Magnitude etiology and IQ Assessment.	22/08/2026	Dr. Astha Singh	Pediatrics
8.	PS15.4	Mental Retardation: Psychosomatic Interventions and Treatment	29/08/2026	Dr. Saurabh Upadhyay	Pediatrics

Dr. Saurabh Upadhyay
UG & PG In-charge
HIMS BBK


Prof. (Dr.) Haseeb Khan
Head of Department
HIMS BBK

Notice to-

1. Principal Office
2. Notice Boards
3. Department Of Pediatrics
4. Department Of Pharmacological

Department of Psychiatry
Hind Institute of Medical Sciences
Safedabad Barabanki

Ref.No. HIMS/PSY/2026-27/74

DATE: 28/04/2026

U.G. Theory Lecture
May & June 2026, MBBS Batch (2022-2023)

S. No	Competency No.	Topic	Date	Faculty
1.	PS 7.3 to 7.6	Bipolar Disorder Treatment- pharmacological and non pharmacological.	02/05/2026	Dr. Saurabh Upadhyay
2.	PS 8.1 8.2	Anxiety disorders- Etiology and clinical features.	09/05/2026	Dr. Shubhi Sharma
3.	PS 8.3 to 8.6	Anxiety Disorders Treatment- pharmacological and non pharmacological.	16/05/2026	Prof. (Dr.) Haseeb Khan
4.	PS 9.1 to 9.7	Stress related disorders-	23/05/2026	Dr. Natasha
5.	PS 10.1 to 10.7	Somatoform Disorders	30/05/2026	Dr. Astha Singh
6.	PS 10.1 to 10.7	Dissociative Disorder	13/06/2026	Dr. Saurabh Upadhyay
7.	PS 11.1 11.2	Personality Disorders Etiology, C/F	20/06/2026	Dr. Shubhi Sharma
8.	PS 11.1 to 11.7	Personality Disorders - Treatment	27/06/2026	Prof. (Dr.) Haseeb Khan

Dr. Natasha
UG & PG In-charge
HIMS BBK

Prof. (Dr.) Haseeb Khan
Head of Department
HIMS BBK

Notice to-

1. Principal Office
2. Notice Boards

Department of Psychiatry
Hind Institute of Medical Sciences
Safedabad Barabanki

Ref.No. HIMS/PSY/2026-27/71

DATE: 06/03/2026

U.G. Theory Lecture Schedule
March & April 2026, MBBS Batch (2022-2023)

S. No	Competency No.	Topic	Date	Faculty
1.	PS 4.1 to 4.7	Alcohol Use Disorder	07/03/2026	Prof.(Dr.)Haseeb Khan
2.	PS 4.1 to 4.7	Opioid Use Disorder	14/03/2026	Dr. Natasha
3.	PS 4.1 to 4.7	Cannabis Use Disorder and inhalants	21/03/2026	Dr. Saurabh Upadhyay
4.	PS 5.1 5.2	Schizophrenia- Etiology and C/F	28/03/2026	Dr. Astha Singh
5.	PS 5.3 to 5.6	Schizophrenia Treatment- pharmacological and non pharmacological.	04/04/2026	Dr. Shubhi Sharma
6.	PS 6.1 6.2	Depression- Etiology and clinical features.	11/04/2026	Prof.(Dr.)Haseeb Khan
7.	PS 6.3 to 6.6	Depression Treatment- pharmacological and non pharmacological.	18/04/2026	Dr. Natasha
8.	PS 7.1 7.2	Bipolar Disorder - Etiology and clinical features.	25/04/2026	Dr. Astha Singh

Dr. Natasha
UG & PG In-charge
HIMS BBK

Prof. (Dr.) Haseeb Khan
Head of Department
HIMS BBK

Notice to-

1. Principal Office
2. Notice Boards

Department of Psychiatry
Hind Institute of Medical Sciences
Safedabad Barabanki

Ref.No. HIMS/PSY/2026-27/65

DATE: 07-01-2026

U.G. Theory Lecture Schedule
Jan & Feb 2026, MBBS Batch (2022-2023)

S. No	Competency No.	Topic	Date	Faculty
1.	PS1.1	Introduction to psychiatry	10/01/2026	Dr. Astha Singh
2.	PS 2.1 2.2	Define stress and describe its components and causes. Role of time management, study skills and balanced diet and sleep wake habits in stress avoidance	17/01/2026	Dr. Saurabh Upadhyay
3.	PS 2.3 2.4	Define and describe the components of learning, memory and emotions along with personality development and motivation.	24/01/2026	Dr. Shubhi Sharma
4.	PS 3.1 3.2	History of Psychiatry, Enumerate Signs and symptoms of common mental disorders.	31/01/2026	Prof.(Dr.)Haseeb Khan
5.	PS 3.6	Describe and discuss biological psychological and social factors and their interaction in causation of mental disorders.	07/02/2026	Dr. Natasha
6.	PS 3.7 3.8	Enumerate and describe common organic psychiatric disorders, magnitude, etiology, clinical features and investigations.	14/02/2026	Dr. Saurabh Upadhyay
7.	PS 3.10	Enumerate and describe the pharmacologic basis and side effects of drugs used in psychiatric disorders.	21/02/2026	Dr. Astha Singh
8.	PS 3.11	Enumerate the appropriate conditions for specialist referral in patients with psychiatric disorders-(CL Psychiatry)	28/02/2026	Dr. Shubhi Sharma

Dr. Natasha
UG & PG In-charge
HIMS BBK

Prof. (Dr.) Haseeb Khan
Head of Department
HIMS BBK

Notice to-

1. Principal Office
2. Notice Boards